Wisdom for the Journey

Faith Community Nurse's Note

This week, we share wise words from Sue Monk Kidd, and prayers by Avery Brooke and Saint Augustine:

"The most significant gifts are the ones most easily overlooked. Small, everyday blessings: woods, health, music, laughter, memories, books, family, friends, second chances, warm fireplaces, and all the footprints scattered throughout our days." ~ Sue Monk Kidd

"Almighty God, you are the source of health and healing, the spirit of calm, and the central peace of the universe. We ask that you would fill us with such an awareness of your presence within that we may have complete confidence in you. In all pain and weariness and anxiety may we rest in your protecting care; may we know ourselves to be encircled by your loving power so that we may allow you to give us health and strength and peace, through Jesus Christ, our Lord. Amen" ~Avery Brooke

"God of our life, there are days when the burdens we carry chafe our shoulders and weigh us down; when the road seems dreary and endless, the skies gray and threatening; when our lives have no music in them, and our hearts are lonely, and our souls have lost their courage.

"Flood the path with light, we beseech thee; turn our eyes to where the skies are full of promise; tune our hearts to brave music; give us the sense of comradeship with heroes and saints of every age; and so quicken our spirits that we may be able to encourage the souls of all who journey with us on the road to life, to Thy honor and glory."

~Saint Augustine, North Africa (354-430)

As we struggle together during these times of anxiety and separation, we look to God and to each other for healing and wholeness. We are enlightened and encouraged by the ageless wisdom and insights quoted above.

Carolyn Crowe



Christ Lutheran Church Plan for Return to In-Person Gathering 1/31/21

The Covid Team will continue to review and update this plan as needed. Please share any questions, concerns, or ideas. Our goal is to be as clear and practical as possible, and your input is welcome!

Criteria for Outdoor Small Group Activity (10 people or fewer)

This assumes that criteria for other in-person gathering have not yet been met.

Notify Pastor Meagan that you would like to meet.

Meet outdoors only. Participants bring their own lawn chair or blanket to sit on, if possible.

Everyone must be spaced at least 6 feet apart and wear masks.

Do not pass anything from one person to another.

No bathrooms will be available, except in case of an emergency.

No snacks or beverages can be provided—participants may bring their own beverage or snack.

Compliance with recommendations of Synod and St Louis County Guidelines

Criteria for Return to Large Group (over 10 people) Outdoor Gathering

Percentage of positive tests—Positivity rate of 10% or lower (as of 1/28/21 7-8%)

Percentage of Task Force Hospitals occupied by Covid-positive or suspected Covid-positive patients 10% or less (as of January 13th regular beds 16%; as of January 18th ICU beds 16.3%) R0 under 1

Masks and distancing required until CDC and local health departments indicate it is no longer necessary, and we will have masks available for those who do not have them.

Compliance with recommendations of Synod and St Louis County Guidelines

Criteria for Return to Indoor Small Group Activity

Implementation of vaccine in our community—All participants have received the full vaccine regimen, with second dose administered no less than 7 days prior to gathering.

Online participation should be facilitated for those who are not able to be vaccinated, or do not yet feel comfortable gathering in person.

Masks and 6 feet social distancing required until all Criteria for indoor Worship are met, and all participants are comfortable with not wearing masks. *Respect for individual and household risk factors and comfort level is essential.*

Compliance with recommendations of Synod and St Louis County Guidelines

Criteria for Return to Indoor Worship

Implementation of vaccine—Vulnerable populations, including 65+ and those with underlying conditions, have had practical access to the vaccine for at least one month. Although requiring vaccine for Worship is not possible, everyone is highly encouraged to receive the vaccine prior to attending any indoor in-person activity, especially Worship. In recognition that not everyone may be vaccinated, remaining requirements are tighter than other activities.

Percentage of positive tests—Positivity rate of 5% or lower (as of 1/28/21 8%)

Percentage of Task Force Hospital beds occupied by Covid-positive or suspected Covid-positive patients 10% or less (as of January 13th regular beds 16%; as of January 18th ICU beds 16.3%) R0 under 1

Masks and distancing required until CDC and local health departments indicate it is no longer necessary, and we will have masks available for those who do not have them.

Compliance with recommendations of Synod and St Louis County Guidelines

Stewardship & Offerings

We continue to worship and reach out to people in different ways than we're traditionally accustomed. Staff and members are reaching out proactively to make sure everyone in our congregation is cared for, and connected, as much as possible. We are re-imagining ministry! Now more than ever, it takes all of us to make that happen.

We can continue to fund our church and the important work we're doing with a few easy clicks:



- 2. You may make a one time or recurring gift. There are NO FEES to withdraw directly from your bank account. Fees do apply for debit/credit card transactions.
- 3. Optional: set up a profile to be able to change your recurring gifts at any time or view your giving history.
- 4. Want to walk through the steps with someone? Contact Kate Hoerchler, 314-805-1751,katehoerchler@gmail.com

If you prefer to make your offering by check or cash, there are mailing envelopes included in your offering envelope package.

Joan O'Brien and Lynnae Ruff, Stewardship Chairs

CLC Suggestion Box

Have an idea for how Christ Lutheran Church can make your experience better? Submit an anonymous note at http://freesuggestionbox.com/pub/stwuunh and we will do our best to help! You





Ash Wednesday, February 17

7:00 pm Worship with communion and distribution of ashes (done virtually, ashes will be mailed out). Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Wednesday, February 24

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Wednesday, March 3

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

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Wednesday, March 10

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Wednesday, March 17

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Wednesday, March 24

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Wednesday, March 31

7:00 pm Lenten Worship, Holden Evening Prayer. Join Zoom at 6pm for dinner fellowship hour. Join Zoom Meeting https://us02web.zoom.us/j/81573753121?pwd=MjZoZExBTkJQaUR3YkFsNkJkMVY5UT09

Call in From Any Phone: 312-626-6799 **Meeting ID**: 815 7375 3121 **Passcode**: 431398

Information about Good Friday, Palm Sunday and Easter Sunday will be published soon.

Creation Care

Last year in anticipation of Earth Day 2020 the Creation Care team was collecting pill bottles. Unfortunately like so many things in 2020, this project was placed on hold due to COVID. The bottles are reused for mission trips by an organization called Matthew 25: Ministries. Our role will be to sort, organize and prepare the pill bottles to be sent to their offices in Ohio. We are hopeful that there will be an opportunity to gather in person to work on preparing the pill bottles to be sent to Matthew 25: Ministries. However, we will wait until closer to Earth Day 2021 - April 22nd to make any definite plans. In the meantime please either continue or start collecting used pill bottles that can be reused for mission trips. They can be either prescription medication bottles or over the counter medication bottles. If you can remove the labels from the prescription bottles that will assist in preparing them and also ensure privacy about any medications prescriped for individuals. There is a basket in the fellowship hall to place the bottles in, or we will have a set day closer to April to request the bottles to be brought to church. Please contact me by email if you have any questions. Thank You on behalf of the Creation Care Team. Sherry Mitchler-s.mitchler@sbcglobal.net

Thanks, Sherry

Black History Month: Movie Discussion Invitation

February is Black History month! There are many movies and books that share stories of black lives in the US, some more serious providing insight into the impacts of racism in our country, and some sharing everyday life with its joys and challenges. We challenge you to take time this month to learn about black history and culture.

Here is one opportunity! We invite you to watch the movie Drumline sometime this month, and then join us for a discussion of the movie the last week of February. The exact time will be announced next newsletter, and more information about the movie is below. We hope you will join us!

Drumline is a 2002 American coming-of-age teen drama film directed by Charles Stone III. The screenplay, which was inspired by the Southwest Dekalb High School Drumline, was written by Tina Gordon Chism and Shawn Schepps. The film follows a young drummer from New York, played by Nick Cannon, who enters the fictional Atlanta A&T University and bumps heads with the leader of his new school's drum section. Zoe Saldana, Leonard Roberts and Orlando Jones also co-star.

Youth Zoom Hangout, Sunday February 21at 12:30 PM

If you have been confirmed and are interested in connecting with other youth, join us for discussion during our normal time on the 1st and 3rd Sundays of each month at 12:30 PM.

Join Zoom Meeting

https://us02web.zoom.us/j/924665200?pwd=OWYvT0Z5MmdoVG84R3dDUmJXVXd5dz09

Meeting ID: 924 665 200 **Password:** 271433

One tap mobile

+16465588656,,924665200#,,1#,271433# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)



WORSHIP

Sunday, February 14, 9:30 am — Zoom Worship

Access Online Bulletin

Follow the Zoom link or call the number noted in the bulletin to join us! **OR**

Join Zoom Meeting

One tap mobile

+13126266799,,278217453#,,1#,971744# US (Chicago)

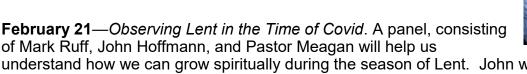
Call in From Any Phone: 312-626-6799

Meeting ID: 278 217 453 **Password**: 971744



Adult Forum

February 14--Lydia Wood, an artist and nurse, will tell us of her work with people affected by gun violence. She will show the portraits she has created and share stories of the people she has met. Lydia spoke at the Women's Advent Brunch in December.



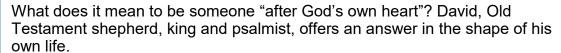
understand how we can grow spiritually during the season of Lent. John will give us a brief history of lenten observances, Mark will tell us the season's unique music, and Pr. Meagan will talk about the challenges of being together and alone as we prepare for Easter.

Fall and Winter In Community

As the weather turns and opportunities for outdoor gatherings are reduced, we want to invite us all to be creative about how we can stay connected and continue to be in community through the winter months. If you would like to be matched with another household or two to be in intentional connection, if you have ideas for online activities, if you have ideas for outdoor winter activities, or any other thoughts about how we can stay connected, let Pastor Meagan or Council know!

Fellowship at CLC

Zoom Bible Study, Tuesday February 9th, 10:00 am "David was a man after God's own heart."





The Tuesday morning Bible study group is using a study guide by Charles R. Swindoll, "David: A Man of Passion & Destiny." We meet at 10 am via Zoom each Tuesday. The long-time participants in this group have each received a copy of the book, and if others would like to join us for this discussion, please let us know so that additional books can be ordered. All are welcome to join us!

Join Zoom Meeting

https://us02web.zoom.us/i/82643945421?pwd=V3dxdWY0YkZsRFptWkE2dDBCM3VLUT09

One tap mobile

+13126266799..82643945421#..1#.127284# US (Chicago)

Call in From Any Phone: 312 626 6799

Meeting ID: 826 4394 5421

Password: 127284

For Lenten study & enrichment Lutheran School of Theology St Louis presents Jesus & the Gospels: Searching the Passion Narratives and Gospel Theologies

Taught by Zoom on Thursdays, Feb. 18, 25, March 4, 11, 18, 25, 2021, 9:00 - 11:00 AM CST Instructor: Dr. Fred Niedner taught biblical studies and Hebrew Language in Valparaiso University's Department of Theology for 40 years.

The early Christians took four "gospels" that tell Jesus' story into their canon and almost immediately struggled with "harmonizing" them. Still today, some attempt to force these four voices into a single melodic line of the sort some of us remember hearing read every year during Lent. This six-week course during Lent involves listening to the unique voice, theology, and proclamation of each gospel, with particular emphasis on how the Passion Narrative of each reveals its own peculiar way of melding Jesus' story and the story of its hearers and readers into one liberating, life-given narrative. The more carefully we listen to this quartet, the more we come to understand that no solo voice could ever communicate the fullness of what the fourth gospel called "the Word of God dwelling among us."

Participants would benefit significantly from having a "synopsis" of the four gospels available during sessions. The most common print version is Synopsis of the Four Gospels, edited by Kurt Aland and published by the United Bible Societies. Other synopses are available, either in print or on-line. Additional information will be sent upon registration received. Contact Program Administrator Stephanie Doeschot at Iststlinfo@gmail.com

\$80 registration fee -https://www.eventbrite.com/e/jesus-and-the-gospels-tickets-134429707875?ref=estw

Altar Flowers

The 2021 sign-up for flowers is shown below. If you wish to underwrite the cost of the altar flowers for a particular week, please inform Lisette of the date you would like, two families may share the cost for one date. Please send your payment to the office, the cost is \$40 per arrangement. Until we meet in person, the flowers will be available to deliver to the homebound or sick.

1	
January 17, 2021	
January 24, 2021	
January 31, 2021	
February 7, 2021	
February 14, 2021	
February 21, 2021	Lent - no flowers
February 28, 2021	Lent - no flowers
March 7, 2021	Lent - no flowers
March 14, 2021	Lent - no flowers
March 21, 2021	Lent - no flowers
March 28, 2021	Palm Sunday - palms
April 4, 2021	Easter - lilies
April 11, 2021	Lilies
April 18, 2021	
April 25, 2021	

ANNIVERSARIES AND BIRTHDAYS!

CELEBRATING FEBRUARY ANNIVERSARIES & BIRTHDAYS

Congratulations and Best Wishes!

ANNIVERSARIES:

2/14 Joan & Robert Rivas2/14 Mari & Travis Roberts

BIRTHDAYS:

2/01 Calvin Ciorba

2/01 Shirley Wolf

2/02 Julia Bruns

2/02 Helga Hayes

2/03 Kevin Drollinger

2/03 Sarah Ely

2/03 Larry Hill

2/04 Aishlyn McCarty

2/06 Kathy Kuziel

2/07 Sarah Keifer

2/08 Amy Chelgreen

2/09 Shaun Chelgreen

2/09 Carol Brockelmeyer

2/09 Patty Hopper

2/10 Hanna Lauer

2/10 Mark Roock

2/13 Julia Wood

2/13 Sylvia Rogers

2/19 Christine Austin

2/19 Henry Knapp

2/20 Robert Crowe

2/20 Elisabeth Long

2/23 Bob Brockelmeyer

2/25 Caitlin McMullen

2/28 Sally Wachtman

Our apologies if we missed anybody-Please let us know if we did.



Christ Lutheran Face Masks

Fabric face masks were included in the Advent packages sent to each household. We have extras in the office if you did not receive one and would like one. Email or call the office to request one.



Christ Lutheran Church, ELCA 1 Selma Avenue at Lockwood Webster Groves, MO 63119-3199

TELEPHONE: 314-962-6011

E-MAIL: OFFICE@CHRISTWG.ORG

WEBSITE: WWW.CHRISTWG.ORG

ZOOM WORSHIP SCHEDULE: SUNDAY AT 9:30 A.M.

RESIDENT PASTOR: MEAGAN MCLAUGHLIN OFFICE HOURS: MON-THUR 8:30-4:30 APPTS BY ARRANGEMENT

> COUNCIL PRESIDENT: KEVIN DROLLINGER

DIRECTOR OF SENIOR ADULT MINISTRIES AND FAITH COMMUNITY NURSE: CAROLYN CROWE

DIRECTOR OF CHOIRS: DIANE DROLLINGER

> ORGANIST: MARK RUFF

OFFICE ADMINISTRATOR: LISETTE KREITLER

FINANCIAL SECRETARY: TAMMY PRYOR

CUSTODIAN: KELLY LAKIES

WEBMASTER: PERRY YEE

Christ Lutheran Church Mission Statement

Deepening people's connection to Christ, Bringing meaning to daily life, and Making a difference in our community.