

PASTOR'S WORD

"Do not worry about anything," Paul writes in his letter to the Philippians. Sounds good, right? And, when I think about what is actually helpful when I am feeling worried about something, one of the last things on the list is for someone to tell me not to worry! And yet, I heard those famous words "Don't worry!!" come out of my own mouth just this week when I was talking to a family member who was worried about something. So easy to say—"Don't worry!" much harder to do.

Reading a little further in Paul's letter, we get more help with this elusive ideal. Paul tells the Philippians, in everything, by prayer, make your requests known to God. Ask for what you need, trusting that God will provide, even if it's not what you expected. And in the middle of that, there are two little words . . . "with Thanksgiving." One of the greatest suggestions I have gotten from mentors and friends is to focus on gratitude. I have found it miraculous, sometimes, how much my perspective can be shifted if I focus on what I do have, and where my help is coming from, rather than on what I don't have. And Paul tells his readers here that by making this shift, a peace that surpasses understanding—a peace that may not make any sense, if you look at what is happening around you—will guard your hearts and minds in Christ. Just reading this passage, makes me take a deep breath, and I feel my shoulders drop and my mind quiet!

We're not quite to November yet, but, there certainly seems to be plenty to worry about. We are called to action, absolutely, about many of these things, but not in this moment. In this moment, let's take a deep breath and heed Paul's voice. What are you worrying about today? What do you ask God for, right now? And most importantly, what are you grateful for? Take another deep breath, and let the peace of God settle on you and in you, guarding your heart and mind before you put your hand back to the plow.



Church Directory

A new directory will be printed in two weeks, if you have any updates to make – address, phone numbers, picture etc. please contact Lisette at the Church office 314.962.6011 or office@christwg.org by October 16th. Also, if you would prefer a printed copy, rather than using the digital online directory, please let us know.



Stewardship & Offerings

We continue to worship and reach out to people in different ways than we're traditionally accustomed. Staff and members are reaching out proactively to make sure everyone in our congregation is cared for, and connected, as much as possible. We are re-imagining ministry! Now more than ever, it takes all of us to make that happen.

We can continue to fund our church and the important work we're doing with a few easy clicks:

1. Visit our donation website directly or go to www.christwg.org and scroll

down to the 'Give Now' button.

2. You may make a one time or recurring gift. There are NO FEES to withdraw directly from your bank account. Fees do apply for debit/credit card transactions.

3. Optional: set up a profile to be able to change your recurring gifts at any time or view your giving history.

4. Want to walk through the steps with someone? Contact Kate Hoerchler, 314-805-1751,katehoerchler@gmail.com

If you prefer to make your offering by check or cash, there are mailing envelopes included in your offering envelope package.

Joan O'Brien and Lynnae Ruff, Stewardship Chairs

Finding A Faithful Response to Racism in Our World

Join a small group from Christ Lutheran to explore the intersection of faith and race. We meet every three weeks to discuss what we have read, and to encourage and hold one another accountable in our efforts to learn about and counter racism in ourselves and the world around us. We are reading *Stand Your Ground* by Kelly Brown Douglas

Consider purchasing the book from a local bookstore! Here is information about a few. <u>https://www.riverfronttimes.com/stlouis/st-louis-best-bookstores-a-complete-guide/Content?</u> <u>oid=15037926</u>

Our next meeting will be October 7 at 8:00pm, via Zoom.

Join Zoom meeting here:

https://us02web.zoom.us/j/86580403018?pwd=eTZpcU1xeWs4QmpPK1RYLzRyb09CUT09

Dial by your location +1 312 626 6799 US (Chicago)

Meeting ID: 865 8040 3018 Passcode: 201806

ADULT FORUM

The Adult Forum for September was a look at racial justice as seen by members of the Christ Lutheran Community. Katie Ciorba led us as we discussed racial issues—what troubles us and what are the paths forward. We talked about dealing with our own racist attitudes, confronting racism in the community and how, as in the case of Breonna Taylor, a court decision can be lawful but yet unjust.

The members who have been discussing, *Stand Your Ground* by Kelly Brown Douglas shared the African American understanding of the Exodus story that emphasizes God leading people to freedom as opposed to the more familiar interpretation of God's chosen people.



Kate Dopuch and Mark Ruff shared resources they have found helpful.

From Kate:

https://brenebrown.com/podcast/brene-with-austin-channing-brown-on-im-still-here-black-dignity-in-aworld-made-for-whiteness/ https://www.youtube.com/watch?reload=9&v=dbKZISwAS3M https://womensvoicesraised.org/ Unraveling Whiteness

From Mark:

Here is some of Wilentz

https://www.theatlantic.com/ideas/archive/2020/01/1619-project-new-york-times-wilentz/605152/ https://www.nytimes.com/2019/12/20/magazine/we-respond-to-the-historians-who-critiqued-the-1619project.html

Here is the link to Katie's presentation:

https://docs.google.com/presentation/d/1eoA2q1s4ZAO16zPumpNere3OhxAdYjVs4W0rzhYsLUc/edit? usp=sharing

Our plan is for adult forums to happen twice a month and feature both members of the congregation and outside speakers. If you have ideas or suggestions contact Harriet Scholle. Email: <u>hscholle3@gmail.com</u>.

CLC Suggestion Box

Have an idea for how Christ Lutheran Church can make your experience better? Submit an anonymous note at <u>http://freesuggestionbox.com/</u> <u>pub/stwuunh</u> and we will do our best to help! You



People of Faith Seeking Change for Justice and Community in Webster Groves

Friday evening September 25, several Christ Lutheran members were present at the community gathering of churches to hear speakers from the Webster community share about work for racial justice that is happening in Webster, the challenges that remain, and ways we can each be involved. Below are some of the ideas presented. The weekly Friday evening vigils on Lockwood, in front of the Lockwood churches, will continue at 6:00pm—please join us when you can! **Facebook event:** https://www.facebook.com/events/2788520631432433

CDC guidelines will be followed. Please wear a mask and practice social distancing.

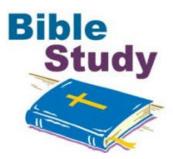
OACTION Share online with this hashtog	Commit to the following actions for a moreFor details on these action steps and more, email the subject line #VigilsToAction to:equitable community.hello@allianceforinterracialdignity.org			
	White Work	 Join local Witness Whiteness study group (16 slots available!) Read Walter Johnson's <i>The Broken Heart of America</i> to understand St. Louis' system of racial capitalism Contribute to Faith and For the Sake of All to mobilize faith communities, close racial disparities in health/life outcomes Spend money at black-owned businesses (Find nearby using fortheculturestl.com) 		
#VigilsToAction	Our Schools	 Ask your teachers/schools to teach local black history Attend Webster University's "Webster Speaks" series on race, equity, & inclusion Hold WGSD accountable for racial and educational equity in its policy and practices 		
#VigilsToAction Share online with this hashtag	Civic Duty	School Board, civic Join an Alliance for Call/demand Misso	equity at local meetings: City Council, groups—wherever you can! Interracial Dignity (AID) Action Team uri Congressional Delegation support e Floyd Justice in Policing Act (2020)	
	Voting	 Sign up to be a poll Register voters usin Know your options <u>stlvpc.org</u> (select Kr Vote NO on Missou 	worker: <u>powerthepolls.org</u> g <u>power2thepolls.org</u> or <u>MapThe.Vote</u> for voting and make a plan: now your Options); Vote Safer Early ri Const. Am. 3 (preserve fair districting) on Protection: <u>protectthevote.net</u>	
	Activism	Follow 'Expect US' participate in their	(<u>facebook.com/FrontLineA1</u>) and St. Louis area actions gils: Fridays along Lockwood, Wednesdays	

Fellowship at CLC

Zoom Bible Study, Tuesday October 6th, 10:00 am

"David was a man after God's own heart."

What does it mean to be someone "after God's own heart"? David, Old Testament shepherd, king and psalmist, offers an answer in the shape of his own life.



The Tuesday morning Bible study group is using a study guide by Charles R. Swindoll, "David: A Man of Passion & Destiny." We meet at 10 am via Zoom

each Tuesday. The long-time participants in this group have each received a copy of the book, and if others would like to join us for this discussion, please let us know so that additional books can be ordered. All are welcome to join us!

Join Zoom Meeting

https://us02web.zoom.us/j/82643945421?pwd=V3dxdWY0YkZsRFptWkE2dDBCM3VLUT09

One tap mobile +13126266799,,82643945421#,,1#,127284# US (Chicago)

Call in From Any Phone: 312 626 6799 Meeting ID: 826 4394 5421 Password: 127284

Zoom Fellowship, Tuesday October 6th, 12:00 pm

Join us to check in with your Christ Lutheran family, share what is happening in your lives, and pray together!

Join Zoom Meeting https://zoom.us/j/614165078?pwd=SDE3czRWbFZaZHMyK3JnOTNISFRTZz09

One tap mobile +13126266799,,614165078# US (Chicago)

Call in From Any Phone: 312 626 6799 Meeting ID: 614 165 078 Password: 123456

Thursday, October 8th, 5:00pm—Zoom Fellowship

Join us to check in with your Christ Lutheran family, share what is happening in your lives, and pray together!

Join Zoom Meeting https://zoom.us/j/181613273?pwd=WUZMKzA0M25SWE1nYWI2MVVvUUtoZz09\

One tap mobile +13126266799,,181613273# US (Chicago)

Call in From Any Phone: 312-626-6799 Meeting ID: 181 613 273 Password: 123456

WORSHIP

Sunday, October 11, 9:30 am — Zoom Worship Access Online Bulletin Follow the Zoom link or call the number noted in the bulletin to join us! OR Join Zoom Meeting One tap mobile

+13126266799,,278217453#,,1#,971744# US (Chicago)

Call in From Any Phone: 312-626-6799 Meeting ID: 278 217 453 Password: 971744



Youth Zoom Hangout, Sunday October 18 at 3:30 PM

If you have been confirmed and are interested in connecting with other youth, join us for discussion during our normal time on the 1st and 3rd Sundays of each month at 3:30 PM.

Join Zoom Meeting

https://us02web.zoom.us/j/924665200? pwd=OWYvT0Z5MmdoVG84R3dDUmJXVXd5dz09

One tap mobile +16465588656,,924665200#,,1#,271433# US (New York)

Dial by your location +1 312 626 6799 US (Chicago) Meeting ID: 924 665 200 Password: 271433



ANNIVERSARIES AND BIRTHDAYS!

CELEBRATING OCTOBER ANNIVERSARIES & BIRTHDAYS

Congratulations and Best Wishes!

ANNIVERSARIES:

10/01 Jim & Sally Wachtman 10/4 Ted Christner& Claudia Trautmann 10/11 Kelley & Tim Truss 10/15 Philip & Kate Hoerchler 10/17 Matt & Sarah Bender 10/27 Tom & Megan Holmes 10/27 Dianne Deck & Thomas Palazzolo 10/28 Martin & Melissa Allen 10/29 Steve & Sherry Mitchler

BIRTHDAYS:

10/01 Annika Bartek 10/03 Ted Christner 10/06 Ayanna Askew-Sunkara 10/08 Cletus Romay 10/09 James Bennett 10/09 Maleyah Hassler 10/10 Leah Eftink 10/11 Linda Armstrong 10/11 Isabella Blasser 10/14 Sybil Meadows 10/17 Robert O'Brien 10/17 Karen Wood 10/17 Shalom Yee 10/18 Mark Lewis 10/23 Tim Truss 10/23 Henry Hoyer 10/25 Jim Wachtman 10/29 Jadee Lauer 10/30 Peter Jordan 10/30 John Uy 10/31 Kelly Lakies



Our apologies if we missed anybody! Please let us know if we did.



Christ Lutheran Church, ELCA 1 Selma Avenue at Lockwood Webster Groves, MO 63119-3199

TELEPHONE: 314-962-6011

E-MAIL: OFFICE@CHRISTWG.ORG

WEBSITE: WWW.CHRISTWG.ORG

ZOOM WORSHIP SCHEDULE: SUNDAY AT 9:30 A.M.

RESIDENT PASTOR: MEAGAN MCLAUGHLIN OFFICE HOURS: MON-THUR 8:30-4:30 APPTS BY ARRANGEMENT

> COUNCIL PRESIDENT: KEVIN DROLLINGER

DIRECTOR OF SENIOR ADULT MINISTRIES AND FAITH COMMUNITY NURSE: CAROLYN CROWE

DIRECTOR OF CHOIRS: DIANE DROLLINGER

> ORGANIST: MARK RUFF

OFFICE ADMINISTRATOR: LISETTE KREITLER

FINANCIAL SECRETARY: TAMMY PRYOR

> CUSTODIAN: KELLY LAKIES

WEBMASTER: PERRY YEE

Christ Lutheran Church Mission Statement

Deepening people's connection to Christ, Bringing meaning to daily life, and Making a difference in our community.